

California Legislature



Mayra Angeles Hernandez is a behavioral health programs manager and doctoral candidate. Mayra has many years in the mental health field as a marriage and family therapist and is passionate about advocating for marginalized communities to create awareness around the importance of mental health. She is the program manager for mental health and well-being programs in Visión y Compromiso. She supports promotores and the organization by providing training and education on mental health topics and assists in developing unique mental health programs for Visión y Compromiso.

Visión y Compromiso

Established in 2000, Visión y Compromiso (VyC) is a nationally respected organization dedicated to improving the health and well-being of underrepresented communities. Today, they are the only organization in California providing comprehensive and ongoing leadership development, capacity building, advocacy training, and support to over 4,000 Promotores and Community Health Workers.

VyC focuses on providing servicio de corazón (service from the heart)

VyC is committed to community well-being by supporting promotoras and other grassroots community leaders. They provide training and capacity building, leadership development, peer networking, advocacy, and support to strengthen the skills of community leaders.

In 2001, VyC established the first and only Network of Promotoras and Community Health Workers in California. The Network now includes more than 4,000 promotores in 13 regions of California and one region in Mexico. In 2015 they also expanded to a National Network to include additional community networks in five states: Washington, Oregon, Colorado, Nevada, and Arizona. The Network provides leadership, training and advocacy for promotores and community health workers.

Recently, VyC has focused its advocacy on health, immigration, CHW Promotora Workforce, and education policy.