



# UC Irvine Health

## UCI School of Medicine Train New Trainers (TNT) Primary Care Fellowships

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*Director, TNT Fellowships*

*Associate Dean, Medical Education*

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*UC Irvine, School of Medicine*

*Past President, Association of Medicine and Psychiatry*

*Past President, California Psychiatric Association*



## ***Expand and Optimize*** **Behavioral Health Care Delivery**

- Primary Care Psychiatry (PCP) Fellowship
- ***Child and Adolescent Psychiatry (CAP) Fellowship***
- Primary Care Training and Education in Addiction Medicine (PC-TEAM)

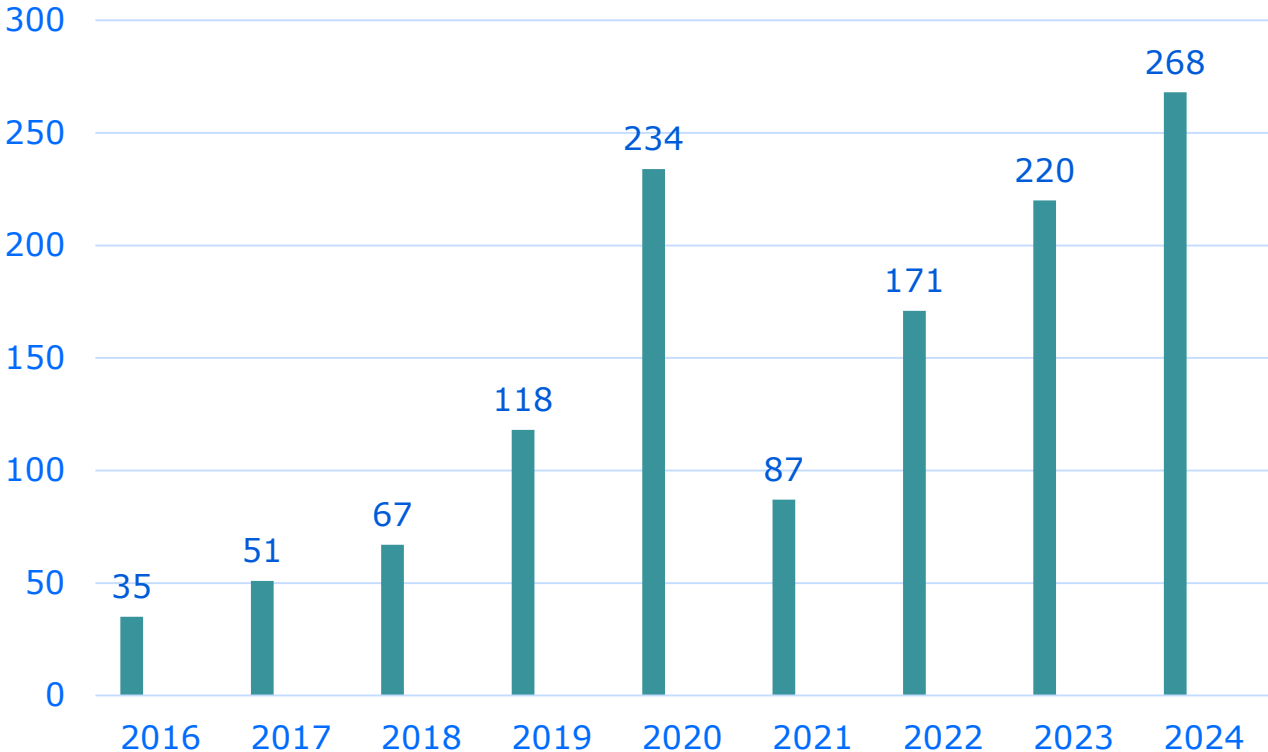
# Core Objectives

- Complete a **quick** and **targeted** psychiatric exam or substance use screening
- Focus on how to treat **common psychiatric conditions or substance use** and pain-related disorders
- Learn **when to refer** to a behavioral health specialist and how best to interface with mental health colleagues
- Learn how to train other providers - **"TNT"**
- Over 60 contact hours with faculty and **50 CME credits** per learner
- Published outcomes
  - ✓ Improved self-efficacy
  - ✓ Change in knowledge
  - ✓ Enhanced confidence in psychiatric interviewing/ teaching psychiatric topics/ managing common psychiatric conditions

# Program Synopsis

- Year-long clinical education programs
- Two online live lectures per month
- Two weekend in-person conferences – 4 days total
- At least one hour per month of mentorship
- Open office hours mentorship sessions
- Certificate from School of Medicine
- **TNT Faculty multi-trained/practice in primary care *and* psychiatry or addiction medicine**
- ***Career-long learning for all TNT Alumni***

# TNT PCP Fellows 2016-2024



# TNT PCP Topics Covered

- AMPS primary care psychiatric interview
- Mental status examination
- **Child and Adolescent Psychiatry**
- **Cultural psychiatry**
- Mood and anxiety disorders
- Trauma-related disorders
- **Substance use disorders**
- Psychotic disorders
- Somatic symptoms disorders
- **Pain psychiatry**
- Neurocognitive disorders
- Personality disorders
- Suicide risk assessment
- Cognitive behavioral therapy
- Supportive psychotherapy
- Motivational interviewing
- Fundamentals of psychopharmacology
- Collaborative care
- **Provider Wellness & Integrative Health**

# TNT CAP Topics Covered

- Child and adolescent psychiatric interview
- Overview of **family-focused care**
- Pediatric mood disorders
- Pediatric anxiety disorders
- Behavioral issues, learning disorders, and **school performance**
- **Sexual orientation and gender identity** in the primary care setting
- **Substance use disorders (SUD)**
- Eating disorder
- **Adolescent behavioral health**
- ADHD
- **Self-harm and risk assessment**
- Screen time and social media
- Autism spectrum disorders
- Primary care **ACES assessment**
- Motivational interviewing
- **Cultural humility and diversity**

# TNT PC-TEAM Topics Covered

- Addiction medicine **health disparities**
- Medication for Opioid Use Disorder (MOUD)
- Chronic pain management and **opioid prescribing**
- Assessment, diagnosis, and treatment of:
  - Nicotine Use Disorder**
  - Sedative/Hypnotic Use Disorder**
  - Alcohol Use Disorder**
  - Stimulant Use Disorder**
  - Cannabis Use Disorder**
- Motivational interviewing
- Common pain disorders and treatment considerations
- Addiction and other mental health issues among healthcare workers**
- Special populations:
  - Adolescents and Children**
  - Older Adults
  - Pregnancy
  - Individuals with Legal Involvement



# Department of Health Care Access and Information (HCAI) Scholarship

## Minimum Requirements:

- Be currently employed or have accepted employment as a PCP (MD, DO, NP, PA) in the following specialties: family medicine, internal medicine, OB/GYN, or pediatrics.
- Work at a qualifying practice site in a FQHC/lookalike, Health Professional Shortage Area – Primary Care (HPSA-PC) or Primary Care Shortage Area (PCSA) in California
- Work at a practice site with at least 50% of patients from a medically underserved population
- Currently, serve or plan on serving children and youth 25 years of age or younger

**Thank You...**



[medschool.uci.edu/tnt](https://medschool.uci.edu/tnt)

